

**SCHOOL LUNCH MENU**  
**St. George Elementary & Westmoreland Elementary**  
 February 2007

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			French Toast Sticks  Chicken Fajitas Green Beans Tossed Salad/Low Fat Drsg Fruit Cocktail	Biscuits & Gravy  Frito Pie Corn Chilled Peaches Choc Pudding
5	6	7	8	9
Breakfast Pizza  Breaded Chicken Pattie/bun Ranch Cut Potatoes Corn Pears	Pancake Sausage Stick  Spaghetti/meat sauce Green Beans Rosy Applesauce Hot Roll	Bacon/toast  Corndog Tri-tator Broccoli/cheese Orange Juice Oatmeal Cookie	French Toast Sticks  Chicken Strips Mashed Potatoes/Gravy Green Beans Cherry Crisp Hot Roll	Biscuits & Gravy  Cooks Choice Meat Potatoes Mixed Veggies Fruit Cocktail
12	13	14	15	16
Breakfast Pizza  Chicken Nuggets Mashed Potato/Gravy Green Beans Chilled Pineapple Chunks Hot Roll	Pancake Sausage Stick  Hamburger/bun Fries Corn Orange Wedges	Oatmeal  Taco Burger/bun Tortilla Chips Steamed Peas Pears	French Toast Sticks  Hot Ham&Cheese Sand Tator Tots Carrots & Gr Pepper Chunks Jello Brownie	Biscuits & Gravy  Chicken Fried Steak Mashed Potatoes/Gravy Steamed Corn Mixed Fruit Hot Roll
19	20	21	22	23
NO SCHOOL	Pancake Sausage Stick  Pork Pattie Mashed Potatoes/Gravy Green Beans Pineapple Chunks Hot Roll	Breakfast Burrito  Grilled Cheese Sandwich Baked Layed Chips Carrot Sticks/dip Fruit Cocktail White Cake	French Toast Sticks  Chicken & Noodles Mashed Potatoes Winter Mix/cheese sauce Strawberries & Bananas Hot Roll	Biscuits & Gravy  <b>BIRTHDAY MEAL</b> Pizza Corn Peaches Ice Cream Treat
26	27	28		
Breakfast Pizza  Turkey Deli Sandwich French Fries Green Beans Chilled Peaches	Pancake Sausage Stick  Chili/Crackers Fresh Veggies/dip Dill Pickle Spear Chilled Pear Slices Cinnamon Rolls	Scrambled Eggs  Taco Salad Spanish Rice Corn Cinnamon Applesauce		

Note: Everyday at breakfast: Choice of juice or fruit and cereal in addition to menu item. Half pint cartons of milk offered with each meal—choice of skim, 1%, or 1/2% chocolate. All menus subject to change without notice. This is an equal opportunity program. If you believe you have been discriminated against because of race, color, national origin, age, sex, or disability, write immediately to the Secretary of Agriculture, Washington, D.C., 20250.

**SCHOOL LUNCH MENU**  
**Rock Creek Jr Sr High School**  
 February 2007

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			French Toast Sticks  Hamburger Pie Tossed Salad/Low Fat Drsg Oranges Dirt Cake Hot Roll *Cookies	Biscuits & Gravy  Chicken Nuggets Mashed Potatoes/gravy Broccoli w/cheese Fruit cocktail Hot Roll * Pizza
5	6	7	8	9
Yogurt/toast  Potato Soup Green Beans Rosy Applesauce Crackers Cinnamon Puff *Pizza	Pancake Sausage Stick  Breaded Chicken Pattie/bun Jo Jo Potatoes Corn Tossed Salad/Low Fat Drsg Orange Pears *Baked Potato	Breakfast Pizza  Corndog Tri-tator Mixed Vegetables Tossed Salad/Low Fat Dsrsg Cherry Crisp * Pizza	French Toast Sticks  Pepperoni/cheese Pizza Green Beans Tossed Salad/Low Fat Drsg Peaches Garlic Puff *Mozzarella Sticks	Biscuits & Gravy  Cheeseburger Mac Peas Tossed Salad/Low fat Drsg Fruit Cocktail Hot Roll * Pizza
12	13	14	15	16
Link Sausage/Toast  Beef Tacos Spanish Rice Fresh Veggies/dip Chilled Peaches Cheese Roll *Pizza	Pancake Sausage stick  Chicken Fried Steak Mashed Potatoes/gravy Corn Mixed Fruit Hot Roll *Baked Potato	Breakfast Pizza  Chicken Fajita Refried Beans Peas Tossed Salad/Low Fat Drsg Cherry Shape-up * Pizza	French Toast Sticks  Hamburger/bun with fixins Curley Q Fries Green Beans Pineapple Chunks *Pretzel	Biscuits & Gravy  Oven Fried Chicken Mashed Potatoes/gravy Corn Strawberries/Bananas Hot Roll *Pizza
19	20	21	22	23
Breakfast Burrito  Chili/crackers Fresh Veggies/dip Dill Pickle Spear Chilled Pear Slices Cinnamon Roll *Pizza	Pancake Sausage Stick  Chicken/Vegetable Stir Fry Rice Tossed Salad/Low Fat Drsg Hot roll Banana Brownie *Baked Potato	Breakfast Pizza  Tuna Casserole Green Beans Tossed Salad Peaches Garlic/Cheddar Biscuit *Pizza	French Toast Sticks  Ravioli Corn Tossed Salad/Low Fat Drsg Pineapple Chunks Ice Cream Cup *Hamburger	Biscuits & Gravy  Shrimp Crinkle Cut Fries Winter Mix./cheese Applesauce Hot Roll *Pizza
26	27	28		
Egg Muffin  Cheeseburger/bun Tator Tots Green Beans Cinnamon Apple *Pizza	Pancake Sausage Stick  Deli Sandwich Chips Veggies/dip Fruit Cocktail Choc Pudding *Baked Potato	Breakfast Pizza  Frito Pie Green Beans Tossed Salad/Low Fat Drsg Pears Long John *Pizza		

\*ala carte

Note: Everyday at breakfast: choice of juice or fruit and cereal in addition to menu item. Everyday at lunch: choice of deli sandwich or chef salad in lieu of main dish; fresh fruit available; extra main dish may be purchased for \$.75. Half pint cartons of milk offered with each meal-choice of skim, 1%, or ½% chocolate. All menus subject to change without notice. This is an equal opportunity program. If you believe you have been discriminated against because of race, color, national origin, age, sex or disability, write immediately to the Secretary of Agriculture, Washington, D.C., 20250.