

General Topics

Basic Development

The Baby Book: Everything You Need to Know About Your Baby - From Birth to Age Two by William Sears, M.D. & Martha Sears, R.N.

The Baby Book covers every aspect of infant care - from newborn bonding to toilet training. Emphasizing the basic needs of babies - eating, sleeping, development, health, and comfort - This book provides specific, up-to-date information on issues of concern to every new parent.

Children's Self-Care Guide A booklet by the Community Health Council and The Community Access Program.

This guide helps you decide what to do for common health problems that children get. You'll learn what a real medical emergency is, reasons to take your child to the doctor, reasons to call your child's doctor and ways to treat your child at home.

What To Expect The Toddler Years by Arlene Eisenberg, Heidi E. Murkoff, and Sandee E. Hathaway, B.S.N.

The comprehensive and reassuring guide that explains everything parents need to know about the second and third years of their child's life. Featuring a Toddler Care Primer, the Best-Odds Toddler Diet, and a First-Aid Guide. Includes sections on toilet learning, tantrums, sleeping and feeding problems, sibling relations, mixing career and parenthood, and much more.

What To Expect The First Year by Arlene Eisenberg, Heidi E. Murkoff, and Sandee E. Hathaway, B.S.N.

The comprehensive month-by-month guide that clearly explains everything parents need to know about the first year with a new baby. Featuring a practical, illustrated Baby Care Primer, a First Aid Guide, and Best-Odds recipes. With special sections on the older sibling; seasonal concerns and traveling with baby; managing childhood illnesses; and nurturing the adopted baby, the low-birth weight infant, and the baby with specific problems.

Your Baby & Child: From Birth To Age Five by Penelope Leach.

Dr. Leach describes in easy-to-follow stages, from birth through starting school what is happening to your child, what he or she is doing, experiencing and feeling. She tackles the questions parents often ask and the ones they dare not. Whether your concern is a new baby's wakefulness, a toddler's tantrums, a preschool child's shyness, aggression or nightmares, or how to time your return to work, choose day care or tell a child about a new baby or an impending divorce, the information you need to make your own decisions is right here.

Right From Birth, Building Your Child's Foundation for Life by Craig T. Ramey, Ph.D. and Sharon L. Ramey, Ph.D.

The definitive guide for parents on the intellectual and “people” sides of growing up—early learning, communication, social skills and emotional growth.

“...the book culls the latest research about early development and makes it usable for parents and practitioners...tackles the toughest, what-you-were-afraid-to-ask questions about parenting today's children. As such, it's more indispensable than diapers...a veritable must-read for anyone who wants to enjoy parenting and do it well.”—Sharon Lynn Kagan, Ed.D. President, National Association for the Education of Young Children; Senior Associate, the Bush Center in Child Development and Social Policy, Yale University.

Your Two Year Old: Terrible Or Tender by Louise Bates Ames & Frances L. Ilg.

Who is your two-year-old? How does he or she feel? How does the world look to a two-year-old? Drs. Ames and Ilg discuss these and other questions unique to two-year-old girls and boys and offer parents practical advice and enlightening psychological insights. Described are the general characteristics of the “terrible twos,” the two-year-old's social behavior and ways to handle it, as well as things to avoid. An excellent list of suggested toys and a parents' bibliography are featured.

Touchpoints: The Essential Reference - Your Child's Emotional and Behavioral Development by T. Berry Brazelton.

From pregnancy to first grade, all the concerns and questions that parents have about their child's behavior, feelings, and development are anticipated and answered in both chronological and reference form. “Touchpoints” are the universal spurts of development and the trying periods of regression that accompany them throughout childhood. Brazelton uses them as windows to help parents understand their child's behavior and prevent future problems.

Brain Development

125 Brain Games for Babies: Simple Games to Promote Early Brain Development by Jackie Silberg.

125 Brain Games for Babies is a fun-filled collection of ways to develop the brain capacity of babies—the building blocks of future learning. Included are everyday opportunities to nurture brain development in the critical period from birth through 12 months. Each game has information on the latest brain research, and a discussion of how the activity promotes brain power.

Magic Trees of the Mind: How to Nurture Your Child's Intelligence, Creativity, and Healthy Emotions from Birth Through Adolescence by Marian Diamond and Janet Hopson.

In *Magic Trees of the Mind*, leading brain researcher Dr. Marian Diamond draws on decades of experience and scientific study to reveal how a child's brain physically responds to environmental influences - and how we can provide our children with the nurturing and stimulating conditions they need to develop and thrive.

Rethinking the Brain: New Insights into Early Development by Rima Shore.

Developed by the Families and Work Institute, presents an overview of neuroscientist's recent findings about the brain, and suggest how these insights can guide and support our nation's efforts to promote the healthy development and learning of young children.

Playing Smart, The Family Guide to Enriching, Offbeat Learning Activities for Ages 4-14 by Susan K. Perry, Ph.D.

You're at home, in the car or in the doctor's waiting room. You've got ten minutes, an hour or all day to spend with your child. What can you do together that is interesting, creative and fun? Open this book to find hundreds of possibilities—from brain benders to mind-challenging physical activities, from everyday geography to celebrations of the senses and so much more!

Effective Parenting

The Measure of Our Success, A Letter to My Children and Yours by Marion Wright Edelman president of the Children's Defense Fund.

This is a book to turn lives around: a compassionate message for parents trying to raise moral children, a tough and searching book that ought to be required reading for every young American. "Every parent and every child should read this book to each other." –T.Berry Brazelton, M.D.

Being a Father: Family, Work, and Self by Mothering Magazine.

This is a new, provocative look at the role of the male parent. Through intimate accounts, men here illuminate the struggles, frustrations, and joys of modern fatherhood. They touch on such topics as balancing work and family life, co-parenting after divorce, sexuality, fathers at birth, fathers as men, and fathers as sons. Included also is a moving account of a father by his daughter.

Raising Lifelong Learners, A Parent's Guide by Lucy Calkins

"...lifelong learners are not created in classrooms as much as in home rooms—that is, living rooms, bedrooms, dining rooms, and playrooms. Combining the unique perspectives of parent and professor with personal anecdote and research, this wonderful book is a goldmine for those interested in nurturing a child's future." -Jim Trelease, author of the Read-Aloud Handbook

Raising Resilient Children (Fostering Strength, Hope, and Optimism in Your Child) by Robert

Brooks, Ph.D. and Sam Goldstein, Ph.D.

“A uniquely wise guide for parents. Brooks and Goldstein help mothers and fathers focus on their child’s strengths, not on his or her weaknesses. The result is a happier, more resilient child. This book could really make a difference in the life of a family.”—Michael Thompson, Ph.D., author of *Raising Cain*. Effective strategies you can add to your parenting practice to prepare your children for the challenges of today’s complicated, every-changing world.

Quality Parenting: How to Transform the Everyday Moments We Spend with Our Children into Special, Meaningful Time by Linda Albert and Michael Popkin.

This book offers practical and innovative advice to parents who want to transform the everyday moments they spend with their children into special, meaningful time. Here’s what the book contains:

- *The Concept of Quality Parenting
- *Sharing
- *Playing
- *Making Time For Quality Parenting
- *Your Quality Parenting Action Plan
- *Question Parents Ask About Quality Time
- *The QP Factors
 - *Encouraging
 - *Teaching
 - *Quality Time Anytime
 - *Quality Parenting at Special Times
 - *Quality Parenting in Nontraditional Families

The Parent’s Little Book Of Lists: Dos and Don’ts of Effective Parenting by Jane Bluestein Ph.D.

This book offers sound advice for parents and others who work with children. It presents clear, practical advice on a wide array of topics: from combating monsters in the closet and honoring imaginary friends, to building character and school success, solving problems independently, and dealing with children’s vulnerability to drugs, peer pressure and other societal dangers. It will teach you the skills to cultivate the nurturing, supportive and eternal source of parental love from which successful, confident, happy and mature adults can grow.

The 7 Habits of Highly Effective Families by Stephen R. Covey.

True happiness does not come from possession or fame; it comes from the quality of your relationships with the people you love and respect. *The 7 Habits of Highly Effective Families* will help you find answers to many family challenges.

Parenting Tips for the Strung Out Mom and Dad...a Tool Kit by Ruthann Saphier, M.A. This book is an action-based book that offers help to busy parents who are working at raising healthy children and becoming positive adult role models. Providing explicit, practical and effective behaviors, *Parenting Tips* is user-friendly.

Money Doesn’t Grow on Trees: A Parent’s Guide to Raising Financially Responsible Children

by Neale S. Godfrey and Carolina Edwards.

Godfrey has designed a unique program for kids - from those as young as three to those in their teens - that teaches them how to earn, save, and spend money wisely while it lets parents clearly communicate their family's values. Using age-appropriate exercises and concrete examples, Godfrey shows parents how to deal with different situations.

The School-Savvy Parent by Rosemarie Clark, M.Ed., Donna Hawkins, M. Ed., and Beth Vachon, M.Ed

Straight from the source - teachers themselves - these positive, practical tips make you a savvy supporter of your child's education. The tips are clear, concise, and quick; jump in anywhere to learn something useful. You'll find tips on starting the school year, health and safety, latchkey issues, talking with teachers, volunteering at your child's school, and much more.

Schools That Learn: A Fifth Discipline Fieldbook for Educators, Parents and Everyone Who Cares About Education by Peter Senge

Created by bestselling author and MIT senior lecturer Peter Senge and a team of educators and organizational change leaders, this new addition to the Fifth Discipline Resource Book series offers practical advice for educators, administrators, and parents on how to strengthen and rebuild our schools. "Today, more than ever, all the forces within society must join together to prepare our children to meet the challenge of our rapidly changing world. *Schools that Learn* is an important resource for all those wanting to tackle the challenge of integrating family, school, faith community, and policymakers into one coalition on behalf of children." Dr. James P. Comer, Yale Child Study Center, Associate Dean, Yale School of Medicine. "I plan to read long passages to my daughter. Whenever I think about the world in which she (and her children) will grow up, the educational system seems to be the locus of both hope and despair. Reading this book is like opening the curtains and letting in rays of hope, illuminating and entire systemic, detailed map for change." Howard Rheingold, author, *The Virtual Community*

Interactive and Developmental Activities

Slow and Steady Get Me Ready. The How-To Book that Grows With Your Child by June R. Oberlander

This international bestselling book has been used by hundreds of thousands of parents to help maximize the intellectual growth of their young children. This unique book is your answer to early childhood education. Written by a retired kindergarten teacher, it shows you when, how and what skills to develop. It contains an inexpensive phonetic approach for reading and spelling, a complete readiness curriculum full of ideas and weekly age-appropriate developmental activities. The activities are easy to understand, take only about ten minutes each and use common household items.

Ages and Stages: Developmental Descriptions & Activities Birth through Eight Years by Karen

Miller.

This book focuses on crucial caregiver behaviors and presents sample homemade materials to foster emerging skills. It describes, in clear, readable language, the stages of physical and intellectual development.

Making Make-Believe: Fun Props, Costumes and Creative Play Ideas by MaryAnn F. Kohl.

Unlock the imaginations of young children! *Making Make-Believe* offers storybook play, games, cooking, mini-plays, dress-up costumes and masks, imagination spaces, puppet ideas, and more to enrich children's imaginative play. With over 125 activities and projects, *Making Make-Believe* is packed with ideas for hours of creative fun.

Child's Play: 200 Instant Crafts and Activities for Preschoolers by Leslie Hamilton.

Child's Play has crafts, games, and projects that will help keep your energetic 18-month- to 6-year-old happy, busy, and challenged. Here are inventive and educational activities from the very simple-newspaper hats and body tracings-to the more complex-making and playing musical instruments, cooking, and experimenting with science projects-all helpfully arranged by age or ability range so that the book can be consulted and put to work at a glance!

Games Babies Play: From Birth to Twelve Months by Vicki Lansky.

Vicki Lansky, a trusted name in parenting advice, provides this guide to play that will capture and hold your baby's attention. This book is a collection of games and activities to keep pace with your baby's changing abilities during the first year of life.

Prime Time Together...With Kids by Donna Erickson.

In this book, you will find time-tested activities with a new twist as well as brand-new ideas for year-round fun for you and your children. Included are instructions for gifts to make, cards to send, holiday projects, games for family fun, travel tips and much more.

Seven Times the Sun Guiding: Guiding Your Child through the Rhythms of the Day by Shea Darian.

Seven Times the Sun is full of ideas, reflections, and practical advice offering a fresh view of daily life in the home and family. Weaving songs, stories, family rituals, and verses throughout, Darian shows how to bring joy to such daily events as mealtimes, going to bed, chores, naps, and playtime.

Simple Steps: Developmental Activities for Infants, Toddlers, and Two-Year-Olds by Daren Miller.

Simple Steps encourages young children to develop new skills, practice these skills, and move forward at their own pace. This book contains chapters on developing curriculum, working with parents, creating a learning environment, and dealing with challenging behaviors.

The Eentsy, Weentsy Spider: Fingerplays and Action Rhymes by Joanna Cole and Stephanie Calmenson.

This book contains a collection of nearly forty fingerplays and action rhymes that have been chanted, sung, and enjoyed for generations.

Things to Do with Toddlers and Twos by Karen Miller.

Based on a respectful understanding of toddler behavior and development, this book offers an inexhaustible menu of ideas for parents and teachers in their effort to encourage and support the growth of young children.

300 Three Minute Games: Quick and Easy Activities for 2-5 Year Olds by Jackie Silberg.

Using short, snappy games and songs, teachers or parents can turn free time into a fun learning experience. Three minutes is all you need to encourage observation skills, listening skills, coordination, counting skills and more, while everyone has a great time together.

365 Days of Creative Play: For Children 2 Yrs. and Up by Sheila Ellison and Judith Gray.

In this book you'll find a wealth of fun and thoughtful activities that will encourage creativity in your child while providing a family experience that will be a lasting memory.

Wonderplay: Dancing, Games, Art, Fun, Cooking, Music from the 92nd St.Y Parenting Center by Fretta Reitzes and Beth Teitelman, with Lois Alter Mark.

Wonderplay is a parent's guide to active child's play. With more than 200 activities this book offers many ways to have fun with your children and encourage them to learn and grow.

Your Child At Play: Birth To One Year by Marilyn Segal, Ph.D.

Dr. Marilyn Segal brings you into your baby's world, discussing the subtle developmental changes that take place in each of the first twelve months of life, and presenting 400 games and activities that parent and child can enjoy together during day-to-day routines. Her expert advice and ideas will help you make the most of your baby's vast capacity to learn.

Your Child At Play: One to Two Years by Marilyn Segal, Ph.D.

The toddler time between one and two years old is an exciting period of self-definition, exploration, and physical and emotional growth. This book offers expert advice on managing problem situations, encouraging creativity, exploration and language skills. It provides a vivid look at everyday life with a toddler and offers hundreds of creative play ideas.

Your Child At Play: Two to Three Years by Marilyn Segal, Ph.D.

Two year olds progress at such a rapid rate that they often leave their families dazzled and a bit confused. This easy to read and parent friendly book provides insights into how two year olds see themselves; how they get along with others; how they learn language. Here are hundreds of innovative ideas to help your child in all these efforts as well as suggestions for dealing with potential problems.

Your Child At Play: Three To Five Years by Marilyn Segal, Ph.D. and Don Adcock, Ph.D.

This book describes ways in which you can remain a formative influence on your child's

physical, intellectual, and social development by supporting his or her play activities. Based on three years of research, it is full of proven ideas for encouraging and enjoying children's curiosity and creativity.

Early Literacy

How To Talk So Kids Will Listen & Listen So Kids Will Talk by Adele Faber and Elaine Mazlish.

Faber and Mazlish's method is supportive, friendly, and best of all, effective. It offers innovative ways to solve such common problems as:

- *How to listen to-and understand-your child's concerns.
- *How to have cooperation in your family-without nagging.
- *How you and your child can deal with feelings.
- *How to find alternatives to punishment.
- *How to help your child attain a positive self-image.

Let's Read About: Finding Books they'll Love to Read by Bernice E. Cullinan.

Bernice Cullinan has put together lists of recommended books by topics and age levels. You can find books for your children, from preschoolers to preteens, on subjects from extraterrestrials to ants. This book will help you:

- *discover your child's interests
- *find the books to meet your child's interests
- *move your child along if he/she is in a reading rut

Read to ME: Raising kids who love to Read by Bernice E Cullinan.

Now highly acclaimed reading specialist Bernice E. Cullinan, professor of Early Childhood and Elementary Education at New York University answers these questions and more, including:

- *when to start reading to your child
- *how to use television wisely
- *how to make a reader out of your child

Plus an expanded list of read-aloud books for preschoolers to preteens.

SIGN with your BABY: How to communicate with infants before the can speak.
(Book and Video) by Joseph Garcia.

In *Sign with your Baby*, author and researcher Joseph Garcia offers a straightforward and lighthearted approach to teaching infants how to communicate using simple sign language. Mr. Garcia's system draws from his years of research in early childhood development and from his own personal experience teaching his two sons. This method does not require learning an entire new language. Rather, Joseph teaches how using a few simple gestures can make a big difference in empowering and meeting the needs of your baby.

Toddler Talk: The First Signs of Intelligent Life by Joseph Garcia. (Book and Video)

Toddler Talk shows parents how to communicate with their infant in a natural and loving way, months before the toddler is able to enunciate it's first "mama" or "dada".

Help your Child Become a Reader, with Activities for children from infancy through age 6. by the U. S. Department of Education, No Child Left Behind.

This booklet gives you information about how you can use your language skills to build your child's skills. It offers suggestions on how you can: talk with and listen to your child, read together, help your child learn about books and print, encourage your child's early writing efforts, help your child learn to read, prepare your child for success in school.

Helping your Preschool Child, with activities from infancy through age 5 by the U.S. Department of Education, No Child Left Behind.

This booklet includes activities for families with children from infancy through age 5. Most of the activities are out of the everyday routines in which you and your child already participate. Most use materials already found in your home or that can be had free of charge from your local library.

Social/Emotional Development

Working with Emotional Intelligence by Daniel Goleman.

The secret of success is not what they taught you in school. What matters most is not IQ, not a business school degree, not even technical know-how or years of expertise. The single most important factor in job performance and advancement is *emotional intelligence*. Emotional intelligence is actually a set of skills that anyone can acquire, and in this practical guide, Daniel Goleman identifies them, explains their importance, and show how they can be fostered.

First Feelings: Milestones in The Emotional Development of Your Baby and Child by Stanley Greenspan, M.D., and Nance Thorndike Greenspan.

First Feelings shows parents how to recognize the key stages of a child's emotional growth, while guiding and enhancing early psychological development. This book covers such topics as:

- *Encouraging curiosity and independence
- *Handling temper tantrums, aggressiveness, and sibling rivalry
- *Stimulating (and over stimulating) your baby
- *Evaluating and dealing with your own emotional responses
- *Developing a positive and constructive parenting style

Six-Point Plan For Raising Happy, Healthy Children by John Rosemond.

As a husband, father, and therapist, Rosemond knows that parents can't give their children what they don't have. They need an abundant supply of self-esteem and happiness in order to share it. Rosemond offers an easy-to-follow plan that will start parents and children on the road to living lives of their own:

- *Put your marriage first.
- *Expect your children to obey.
- *Establish responsibility by assigning chores.
- *Don't be afraid to tell your children "no".
- *Eliminate unnecessary toys.
- *Encourage creativity by minimizing TV viewing.

Teaching Your Kids to Care: How to Discover and Develop the Spirit Of Charity In Your Children by Deborah Spaide.

This is a practical guide for the parents of children from kindergarten to high school that

will instill the spirit of charity in youngsters while teaching them citizenship, courage, cooperation, respect for life, and tolerance.

I'm Like You, You're Like Me (A Child's Book About Understanding and Celebrating Each Other). By Cindy Gainer A gentle introduction to tolerance and diversity for the very young. Important topics like listening, understanding, feelings, kindness, friendship and cooperation are explored in the most basic terms, and the book ends with a wonderful discovery: Being "not exactly the same" is a good reason to like each other!

THE MAGIC YEARS: Understanding and Handling the Problems of Early Childhood by Selma H. Fraiberg.

In *The Magic Years*, Selma Fraiberg takes the reader into the mind of the child, showing how he confronts the world and learns to cope with it. With great warmth and perception, she discusses the problems at each stage of development and reveals the qualities-above all, the quality of understanding-that can provide the right answer at critical moments.

What Kids Need to Succeed: Proven, Practical Ways to Raise Good Kids by Peter L. Benson, Ph.D., Judy Galbraith, M.A., and Pamela Espeland.

Kids who succeed have specific assets in their lives - not financial assets, but developmental assets including family support, a caring neighborhood, self-esteem, and resistance skills. The more assets young people have, the less likely they are to lose their way and get into trouble. *What Kids Need to Succeed* spells out 40 assets - good things every young person needs.

365 Manners Kids Should Know...Games, Activities, and Other Fun Ways to Help Children Learn Etiquette by Sheryl Eberly

This book gives clear and insightful advice for the myriad of situations where consideration counts, but is sometimes forgotten.

What To Do . . . To Improve Your Child's Manners by Joan Leonard.

Do You Know . . .
Why children need good manners?
What table manners are essential for kids to know?
How to get kids to write thank-you notes?
Which manners are important at school?
How to encourage respect and tolerance for others?

In *What To Do To Improve Your Child's Manners*, you'll find the answers to these question and many more along with real strategies that have worked for parents and kids.

Your Child's Self-Esteem: Step-by-Step Guidelines for Raising Responsible, Productive, Happy Children by Dorothy Corkille Briggs

Self-image is your child's most important characteristic. How to help create strong feelings of self-worth is the central challenge for every parent and teacher. The formula for how is spelled out in: *Your Child's Self-Esteem*.

Real Boys by William Pollack, Ph.D.

A clinical psychologist for the McLean Hospital/Harvard Medical School for more than two decades *Real Boys* explores this generation's silent crisis: why so many boys are sad, lonely and confused although they may appear tough, cheerful and confident. Only when we understand what boys are really experiencing, says Pollack, can parents and teachers help them develop more self-confidence and the emotional savvy they need to deal with issues such as depression, violence, drugs, alcohol, sexuality and love.

The Wonder of Boys by Michael Gurian Michael Gurian is a therapist, educator, and best-selling author. His work has been featured in *The New York Times*, *USA Today*, and *Time* and on *Today*, CNN and National Public Radio. National bestseller, this book presents a radical and enlightening view of parenting sons.

The Wonder of Girls by Michael Gurian. Bestselling author Michael Gurian debunks long-standing myths about girls and help parents get to know their daughters from the inside (brain, hormones, physiological development) out. Understanding the developmental stages of basic female nature will help parents find the answers to common questions.

Boys and Girls Learn Differently by Michael Gurian

Special Topics

Changed by a Child: Companion Notes for Parents of a Child with a Disability by Barbara Gill.

This book honestly describes the inner needs and range of issues parents face with disabled children. Filled with true stories from parents who have been there who understand the isolation and challenges, this is a work of compassion and insight, inspiration and hope.

Taking Charge of ADHD: The Complete, Authoritative Guide For Parents by Russell A. Barkley, PhD.

This book empowers parents by arming them with the up-to-date knowledge, expert guidance, and confidence they need. Features of the revised edition include:

- *A step-by-step plan for behavior management.
- *Hard data that clear up current controversies about increased diagnosis and stimulant use.
- *New strategies that give children greater chances for school success and social situations.
- *Advances in genetic and neurological research that enhances our understanding of what causes ADHD.
- *Practical advice for parents on managing stress and keeping peace in the family.
- *Updated descriptions of books, organizations, and Internet resources that families can trust.

Does My Child Have a Speech Problem? by Katherine L. Martin, Certified Speech-Language Pathologist.

This informative, reassuring guide helps parents and teachers identify normal speech development and potential problems, with advice on when and where to seek help, how to

support your child's prescribed speech program, and how to lessen the risk of speech or language difficulties.

- *Easy-to-Understand question-and-answer format

- *Guidelines for assessing your child's speech and language development

- *Practical strategies for coping with stuttering, poor listening or memory skills, vocal fatigue or hoarseness, ear infections and hearing, and much more

- Ways to enhance speech and language development that both you and your child will enjoy

The Out-of-Sync Child, Recognizing and Coping with Sensory Integration Dysfunction by Carol Stock Kranowitz, M.D.

If your child has been labeled with words like *difficult, picky, oversensitive, clumsy, or inattentive*...there may be a new explanation and a new hope. Does your child exhibit...over or under sensitivity to—touch, taste, smell, sound, or sight? --to movement sensations (like swinging, twirling, jumping—or plant themselves to avoid active games)—unusually high or low activity level---problems with motor coordination? (seem awkward, seemingly careless or accident-prone). These telltale symptoms are often the first clues to SI Dysfunction—a common, but frequently misdiagnosed, problem in which messages from the senses are not correctly processed by the central nervous system. This guide offers comprehensive, easily understood information on SI Dysfunction—and a drug-free approach—for children who need help.

The Out-of-Sync Child Has Fun: Activities for Kids with Sensory Integration Dysfunction by Carol Stock Kranowitz, M.A.

The first accessible guide to examine Sensory Integration Dysfunction (also known as Dysfunction in Sensory Integration or DSI), *The Out-Of-Sync Child* touched the hearts and lives of thousands of families. The author continues her work with this companion volume. She knows that parenting and educating an out-of-sync child doesn't always feel like fun and games. She also knows that fun and games can be an important part of helping children strengthen their sensory processing skills. This book features more than one hundred playful activities that are SAFE—Sensory-motor, Appropriate, Fun and Easy—to help develop and organize a child's brain and body.

If Your Child Stutters: a guide for parents (2) by the Stuttering Foundation of America.

The Stuttering Foundation of America is a nonprofit charitable organization dedicated to the prevention and treatment of stuttering. The goals of this book are to help you distinguish between normal disfluencies and stuttering and problem.

The New Language of Toys: Teaching Communication Skills to Children with Special Needs by Sue Schwartz, Ph.D.

The guide that thousands of parents and professionals depend on for fun and constructive ways to stimulate language development in young children with special needs is newly revised and updated. Chapters on using multimedia and computers are now expanded and now include websites for finding the most up-to-date information. The extensive resource sections lists dozens of toy companies, related books, and helpful organizations.

Babies with Down Syndrome: A New Parent's Guide by Karen Stray-Gundersen

Thousands of new parents and professionals have turned to as this as their first source of

information on Down syndrome. It is newly revised and updated. The second edition is written by the same group of knowledgeable parents, doctors, nurses, educators and lawyers who cover everything parents need to know about raising their child in an environment of love, pride and achievement. Information on prenatal testing, early intervention, legal and medical issues and resources.

Gross Motor Skills in Children with Down Syndrome: A Guide for Parents and Professionals by Patricia C. Winders, P.T.

The author, a physical therapist, shares her expertise and experience gained from sixteen years specializing in the motor development of children with Down syndrome. With this book, parents gain insight into how they can best help their child in this vital area of development. Professionals will find it a good tool for assessment and treatment, plus a handy resource for assigning home activities to parents.

Early Communication for Children with Down Syndrome: A Guide for Parents and Professionals by Libby Kumin, Ph.D. CCC-SLP

The author shares her experience –gained through her work with hundreds of children with Down syndrome over the past 23 years—with parents and speech-language pathologists to help them maximize the communication development of young children. From explanations of the speech-language assessment to descriptions of what to expect when a child enters school, and from new checklists on evaluating and treating speech problems to numerous home activities, this book delivers what families need to ensure their child meets his communication potential.

Demystifying Autism Spectrum Disorders: A Guide to Diagnosis for Parents and Professionals by Carolyn Thorwarth Bruey, Psy.D.

Parents of a child with an autism spectrum disorder (ASD) need clear, comprehensive information to decipher the complex, behavior-based diagnostic evaluations and definitions. This invaluable guide for lay readers—parents, educators, and caregivers—describes the five developmental disorders that fall under the ASD umbrella, spells out distinctions among them, demystifies the technical jargon and provides an overview of treatment. With *Demystifying Autism Spectrum Disorders*, parents will have the confidence to participate in their child’s diagnostic process and thus be better prepared to understand and play a critical role in their child’s treatment.

Teen Parenting

Coping With Teenage Motherhood by Carolyn Simpson.

This book has two purposes. The first is to help you learn as much as you can about pregnancy, birth, and raising a child. The second is to show you that there are many ways to face this experience and that when something bad happens, you do have alternatives. If your

family can't support you (emotionally or financially), there are agencies that can help. If you can't afford prenatal care, there are resources open to you. If you discover that it's not as easy to care for your infant as you expected, there are people and books to help you learn to cope.

Discipline

Helicopters, Drill Sergeants and Consultants, Parenting Styles and the Messages they Send by Jim Fay of the Love and Logic Institute.

A very short guide to parenting styles and how it affects the way you discipline your child.

I've Got What it Takes by Jim Fay of the Love and Logic Institute.

A very short guide to helping develop your child's self-esteem.

Ticket to Success by Jim Fay of the Love and Logic Institute.

A very short book of techniques to lead children to responsible decision-making.

Discipline with Love and Logic: Resource Guide by Jim Fay and Foster W. Cline, M.D.

This resource guide serves as a reference for the concepts of Love and Logic. You'll find articles and informational summaries of the Love and Logic Principles plus activities for reflection.

Discipline Without Shouting or Spanking: Practical Solutions to the Most Common Preschool Behavior Problems by Jerry Wyckoff, Ph.D. and Barbara C. Unell.

This book offers effective, practical, nonviolent options for correcting the most common behavior problems of preschoolers. You will learn how to deal with misbehavior including temper tantrums, whining, negativity, sibling rivalry, possessiveness, aggressive behavior, resisting bedtime, playing with food, and many more problems-without shouting or spanking.

Positive Discipline: Teaching Children Self-Discipline, Responsibility, Cooperation and Problem-Solving Skills by Jane Nelson.

In this book, Jane gives a very practical set of guidelines for parents and teachers who wish to help their children develop self-discipline, responsibility, and positive capabilities and attitudes.

Grandparenting With Love & Logic: Practical Solutions to Today's Grandparenting Challenges by Jim Fay & Foster W. Cline, M.D.

Parenting Experts Jim Fay and Foster W. Cline, grandparents themselves, have combined to offer sensible, easy-to-use techniques based upon their unique Love and Logic philosophy of working with children. Their common sense approach addresses the needs and concerns of grandparents - from a grandparents's perspective. On these pages are immediate, practical solutions to today's grandparenting challenges which are guaranteed to improve relationships with both grandchildren and adult children.

Parenting With Love and Logic: Teaching Children Responsibility by Foster Cline, M.D. & Jim Fay.

If you want to raise kids who are self-confident, motivated, and ready for the real world, take advantage of this win-win approach to parenting. Your kids will win because they'll learn responsibility and the logic of life by solving their own problems. And you'll win because you'll establish healthy control - without resorting to anger, threats, nagging, or exhausting power struggles.

Raising Self-Reliant Children: In A Self-Indulgent World by H. Stephen Glenn and Jane Nelson, Ed. D.

Those who think in terms of leniency versus strictness will be disappointed. This book goes beyond these issues to teach children to be responsible and self-reliant - not through fear and intimidation, which are outer-directed concerns (what happens when the disciplinarian is on vacation, or asleep?) but through the maturity of feeling accountable to one's commitments (inner-directed behavior)

Nutrition/Recipes

How to Get Your Kid to Eat . . . But Not Too Much by Ellyn Satter R. D., A.C.S.W.

Ellyn Satter, offers a whole new way of looking at feeding, and solid guidelines for encouraging healthy attitudes toward food. From nipple feeding through the teenage years, the principles are clear and consistent. Ellyn's ideas involve trust and sharing, while promoting a sense of responsibility, and eventually the child's ability to use his/her inborn sense of how much and what to eat.

Kinder-Krunchies: Healthy Snack Recipes for Children by Karen S. Jenkins.

Kinder-Krunchies was written to help you as you work with children. It is a collection of nutritious recipes for children to follow with adult help, as much or as little as you deem appropriate for your particular children.

Pretend Soup: and Other Real Recipes by Mollie Katzen and Ann Henderson.

Extensively classroom and home-tested, these recipes are designed to inspire an early appreciation for creative, wholesome food. Whimsical watercolor critters and pictorial versions of each recipe will help the young cook understand and delight in the process. Just consider all that can be explored in the kitchen: counting, reading readiness, science awareness, self-confidence, patience, and, importantly, food literacy.

Breastfeeding

The Breastfeeding Answer Book, la Leche League International

Offers complete current information for helping mothers to breastfeed. It has an easy to use format making it practical for quick reference. The most complete and comprehensive guide to helping mothers find answers to their breastfeeding questions.

Massage Therapy

Baby's First Touch: Step-by-Step Instruction for Infant Massage by Diana Moore M.S., L.M.T.

This tape takes you through the easy-to-follow massage strokes that will bring joy and better health to your baby. Learn how these massage strokes can help improve your baby's circulatory, respiratory, and nervous systems. *Baby's First Touch* clearly explains how to provide your baby with the critical elements of bonding such as eye-to-eye contact, soothing vocal sounds, loving touch, caressing and mutual interaction.

Baby Massage: A Practical Guide to Massage and Movement for Babies and Infants by Peter Walker.

Baby Massage provides easy-to-learn massage routines and flexibility exercises that will help nurture children through the crucial early stages of development. Peter Walker, one of the world's leading authorities on baby massage, shows how these exercises can be used to:

- *build a loving bond between parent and baby
- *soothe and comfort a crying infant
- *promote relaxation and confidence
- *strengthen the cardiovascular and immune systems
- *aid digestion
- *improve coordination and posture
- *help maintain flexibility
- *increase health and vitality

Safety

On the Safe Side by Cindy Wolf

This book is an easy to read reference guide to childproofing. You will learn how to make your child's environment safer: thoroughly, inexpensively, easily, and without a professional.

The Parents' Emergency Medical Guide by Robert Kaplan, M.D.

This book covers all ages from birth to the teens, Dr Robert Kaplan helps allay fears by telling you step by step precisely how to deal with an emergency. A series of flowcharts help you determine if your child needs to go to an emergency room or doctor - or, if such a step is not necessary, points out everything you can do yourself to help your child recover. It covers such important problems as bone and joint injuries, breathing problems, burns, choking, convulsions, cuts and bleeding, electrical injuries, and much, much more.

Sleep Issues

Getting Your Child to Sleep...and Back to Sleep by Vicki Lansky.

This is the best of what has worked for parents and providers combined with the advice of today's pediatric experts. Here you will find a wonderful selection of choices that are appropriate at various ages and stages that should work for your child. Bedtime, naptime, bad dreams, colic, crying and that inevitable "I want a glass of water" - are all discussed here.

Healthy Sleep Habits, Happy Child by Marc Weissbluth, M.D.

In *Healthy Sleep Habits, Happy Child*, Dr. Marc Weissbluth explains with authority and reassurance his step-by-step regimen for instituting beneficial habits within the framework of your child's natural sleep cycles. This book:

- *Pinpoints the way daytime sleep differs from night sleep and why both are important
- *Helps you cope with and stop the crybaby syndrome, nightmares, bedwetting, and more
- *Reveals the common mistakes parents make to get their children to sleep
- *Explores the different sleep cycle needs for different temperaments - from quiet babies to hyperactive toddlers
- *And much more!

NIGHTTIME PARENTING: How to Get Your Baby and Child to Sleep by William Sears, M.D.

In this book, Sears shows you how to find a sensitive solution to your baby's sleepless nights. Directed at lessening your child's night waking and increasing your ability to cope, this understanding guide offers comprehensive, caring advice on:

- *Where your baby should sleep
- *Should your baby "cry it out?"
- *How to get your baby to sleep and stay asleep
- *What foods you should give your baby to help him sleep
- *Nighttime fathering
- *Getting children to bed without a struggle
- *And much more

Solve Your Child's Sleep Problems by Richard Ferber, M.D.

Does your child have difficulty falling asleep? Wake in the middle of the night? Suffer night fears? Have irregular sleep patterns? Backed by six years of research, here's the book that delivers safe, sound ideas for helping your child fall and stay asleep.

Toilet Training

Parenting: Guide to Toilet Training by Anne Krueger with the editors of PARENTING magazine.

- This book offers a well-planned and stress-free guide to toilet training, featuring:
- *reading the readiness signs
 - *finding the right approach
 - *the stages of potty practice
 - *includes an original, illustrated children's story to share with your child
 - *getting started
 - *dealing with setbacks and frustrations
 - *staying dry at night

Toilet Training: A Practical Guide to Daytime and Nighttime Training by Vicki Lansky.

- *How to set the stage early and make toilet training quicker and easier when the right time comes.
- *How to know when your child is ready - and how to get started.
- *How to deal effectively with bed-wetting.
- *How to handle your child's fears.
- *How to reward your child.
- *How to toilet train while traveling or in day care, and how to cope with accidents in public.
- *Much more!

Pregnancy, Postpartum and Women's Self-Care

Caring for Your Premature Baby by Alan H. Klein and Jill Alison Ganon.

This book guides parents step by step through:

- *Coping with the complex emotions that often accompany an early birth.
- *How to be an active participant in caring for your baby in the neonatal unit.
- *Understanding medical complications and the range of possible treatments.
- *Preparing for that wonderful day when you take your baby home.
- *Working with health insurance providers and managing the ongoing care that your baby may need.
- *Plus, roundtable discussions among the authors and parents of premature babies.

Postpartum Survival Guide by Ann Dunnewold and Diane G. Sanford.

The “baby blues” are experienced by 50 to 80 percent of new mother. This book covers the entire spectrum of postpartum adjustment problems, including:

- *Making and carrying out a plan for self-care, coping with relationship changes.
- *Special consideration for single mothers, older mother, adoptive mothers and women who have become mothers after struggling with infertility
- *Prevention strategies, especially for women who are at high risk.
- *Aid, comfort, and survival strategies for new fathers.

While Waiting: A Guidebook for pregnancy and Having Your Baby by George E. Verrilli, M.D., F.A.C.O.G. Anne Marie Mueser, Ed.D.

This fully revised edition offers up-to-date information you should know about pregnancy and prenatal care, including:

- *how to work with your care provider at every stage of pregnancy, labor, and delivery
- *warning signs-what to watch for
- *helpful exercises for keeping healthy, fit, and prepared for childbirth
- *practical tips to keep you comfortable as your body changes during pregnancy
- *Explanations of medical terms and procedures
- * and much, much more!

The Women’s Self-Care Guide A booklet by the Community Health Council

This guide provides a basic sensible approach to 25 of the most common women’s health problems. It allows women to evaluate and understand symptoms and solutions. Reviewed and approved by prominent physicians, it contains solid and up-to-date information you can use with confidence.

Violence/Abuse

Bullies and Victims: Helping Your Child Through the Schoolyard Battlefield by Suellen Fried and Paula Fried.

When does teasing become bullying? Is there a typical profile of a bully? Of a victim? What role can school and family members play in preventing bullying behavior? *Bullies & Victims* explores the issues surrounding child peer abuse. It alerts adults and children to the difference between normal peer teasing and bullying situations. It gives practical steps to follow to help children prevent and solve the problem.

Ghosts from the Nursery: Tracing the Roots of Violence by Robin Karr-Morse and Meredith S.

Wiley. Introduction by Dr. T. Berry Brazelton.

Cutting to the heart of the alarming trend of violence committed by children, *Ghosts from the Nursery* gives startling new evidence that violent behavior is fundamentally linked to abuse and neglect in the first two years of life.

Miscellaneous

Between Brothers & Sisters: A Celebration of Life's Most Enduring Relationship by Edele Faber and Elaine Mazlish

This book contains pictures and some poetry reflecting sibling relationships.

The Best Baby Name Book by Bruce Lansky.

Over 13,001 Girls' and Boys' Names Complete with meanings, origins, and nicknames.

MaMaToTo: A Celebration of Birth by Carroll Dunham.

"A fascinating collection of customs, beliefs, and facts about birth and motherhood, drawn from many diverse cultures around the world." - *American Baby*

Moms Say The Funniest Things! By Bruce Lansky.

Every mother has to get her children out of bed, dressed, cleaned up, fed, to school, cleaned up again, fed, cleaned up again, and back to bed. Very few children go along with this schedule voluntarily. This book contains "Hilarious motherly 'wisdom' that's guaranteed to drive kids up the wall." - Mary McBride, author of *Grandma Knows Best, But No One Ever Listens*.

OPPENHEIM Toy Portfolio: The only independent guide to children's media by Joanne, Stephanie and James Oppenheim.

This book takes the guesswork out of finding the best products for kids from infancy to age ten. There are over 1,000 expert and kid-tested products that are guaranteed to entertain as well as educate. You will also find safety tips and a Basic Gear checklist for the best new and classic products your kids will love. (Toys, Books, Videos, Music, and Software)

Multimedia

Audiocassettes and CDs

Autism Society of America Public Awareness Campaign by Marie Sherrett.

PAT 11th Annual International Conference

April 26-28, 2002 - St. Louis, MO

Countering Media Violence with Media Literacy by Whitney Vanderwerff PhD.

PAT 10th Annual International Conference

April 29-May 1, 2001 - St. Louis, MO

Infant Massage: The Gift of Love by Suzanne M. Tucker PT CIMI.
PAT 10th Annual International Conference
April 29-May 1, 2001 - St. Louis, MO

Keynote Speaker: Bebe Moore Campbell.
PAT 10th Annual International Conference
April 29-May 1, 2001 - St. Louis, MO

Parenting Challenging Children by Vincent Marino.
PAT 10th Annual International Conference
April 29-May 1, 2001 - St. Louis, MO

Saturday Luncheon Speaker - Becky Bailey PhD.
PAT 11th Annual International Conference
April 26-28, 2002 - St. Louis, MO

Sensory Integration of the Young Child by Stephen Viola PhD.
PAT 11th Annual International Conference
April 26-28, 2002 - St. Louis, MO

Sensory Integration: What's It All About? by Billye Ann Cheatum PhD.
PAT 10th Annual International Conference
April 29-May 1, 2001 - St. Louis, MO

Seven Habits that Highly Annoy Parents by Tim Jordan MD.
PAT 9th Annual International Conference
July 11-13, 2000 - St. Louis, MO

The Neurobiology of Emotional Development by William D. Scott Killgore PhD.
PAT 9th Annual International Conference
July 11-13, 2000 - St. Louis, MO

Baby-Go-To-Sleep: Heartbeat Musical Therapy #1.

These tapes are specially crafted to be calming and include soothing vocals and simple, non-dynamic arrangements of songs. An actual human heartbeat, recorded from the chest, is used as the rhythm (drums) and is the therapeutic sound that is most noticeable on the tape.

Baby-Go-To-Sleep: Heartbeat Musical Therapy #2.

These tapes are specially crafted to be calming and include soothing vocals and simple, non-dynamic arrangements of songs. An actual human heartbeat, recorded from the chest, is used as the rhythm (drums) and is the therapeutic sound that is most noticeable on the tape.

Look Hear! by Living and Learning (Cambs) Ltd. England.

The pictures and sounds in *Look Hear!* provide good stimulus material for language development. The content of the picture allows them to be used for the simple naming exercise and for prompting more complex sentence structures. The sounds can be used to encourage descriptive words and their use in sentences.

Convincing K-12 Educators of the Importance of the Early Years,
Born to Learn 2003 Conference audiotope

Management Strategies for Challenging Behaviors,
Born to Learn 2003 Conference audiotope

Preschool Children and the Obesity Epidemic,
Born to Learn 2003 Conference audiotope

Love and Logic Parenting for Early Childhood: 6 Months to 5 Years by Jim Fay and Foster W. Cline, M.D.

Parents are often overwhelmed when their adorable little baby suddenly becomes a demanding not to mention out-of control toddler. At this stage, no matter how loud you say “NO,” it seems the word doesn’t hold any meaning whatsoever. Now Jim and Foster show you how to use their unique Love and Logic approach to effectively work with children ages six months to five years.

The Lifesaver Kit by Love and Logic Press 6-CD’s about Discipline and Empowerment. May be checked out separately. By Jim Fay and Foster Cline, M.D. Includes:

- Helicopters, Drill Sergeants and Consultants: Parenting Styles and the Messages they Send
- Didn’t I Tell You to Take Out the Trash? Techniques for getting kids to do chores without the hassles.
- Raising the Odds for Responsible Behavior
- Four Steps to Responsibility: Techniques to lead children to responsible decision-making
- Love me Enough to Set Some Limits: Building your Child’s self-esteem with thoughtful limit-setting
- Avoiding Power Struggles with Kids Featuring Jim Fay’ “Science of Control”

Videos

A Parent’s Guide to Speech Development Pankratz-Archer. (2)

Do you wonder if your child’s speech is developing normally? Would you like easy, fun activities to do at home to encourage speech sound development? This tape was designed for parents by two Speech-Language Pathologists who have worked with the Early Childhood population for several years. It will provide:

- *A general speech sound development chart
- *Specific strategies you can do at home to encourage sound development
- *Easy, fun activities you can do throughout your day

Baby’s First Touch by Diana Moore M.S., L.M.T.

This video takes you through the easy-to-follow massage strokes that will bring joy and better health to your baby. Learn how these massage strokes can help improve your baby's circulatory, respiratory, and nervous systems. *Baby's First Touch* clearly explains how to provide your baby with the critical elements of bonding such as eye-to-eye contact, soothing vocal sounds, loving touch, caressing and mutual interaction.

Baby Care Basics: For the Breastfeeding Mother

Breastfeeding: A Special Relationship by Mary Rose Tully, MPH, IBCLC, and Mary L. Overfield, Rn, MN, IBCLC

Here is a breastfeeding video that is clear, concise and encouraging! *Breastfeeding: A Special Relationship* teaches how to breastfeed successfully by reading a baby's signals and recognizing the responses of the mother's body. It is divided logically into seven segments.

Common Childhood Illnesses

This entertaining yet informative video addresses common childhood illnesses, their symptoms, possible at-home and professional medical treatments, and how to decide if a doctor should be consulted.

Developing Capable People: Developing Healthy Self-Esteem by H. Stephen Glenn

H. Stephen Glenn is an internationally acclaimed family psychologist who speaks to over 200,000 people each year. He is a consultant on training, education, alcoholism and drug abuse to agencies throughout the United States.

Developing Capable People: The Greatest Human Need by H. Stephen Glenn

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Discipline: Teaching Limits With Love hosted by Dr. T. Berry Brazelton.

In this video, Dr. Brazelton shows parents that setting limits is not punishment, but a loving way to teach a child how to control his or her own behavior.

Experts from Talk Shows and Evening News

Terry Woodford talks about: How to get a baby to sleep and why you shouldn't let a child cry to sleep.

Going to The Doctors

For ages 3 and up. Come with Ryan to visit Dr. Walt the family doctor. Watch and feel what it is like to have a routine physical. Next, go with Ryan to visit Dr. Pat the eye doctor. See how much fun and how easy it is to have your eyes checked. Finally, open wide for Dr. Guy the Dentist. See and listen to the sights and sounds of the dental office while you laugh and have fun with Ryan the entire visit.

I Am Your Child: Ready to Learn hosted by Jamie Lee Curtis & LeVar Burton. (3)

There are many things parents and caregivers can do to help build a child's literacy skills from the time he is born. This video provides helpful information about:

- *The importance of communicating with you newborn
- *Establishing reading routines
- *Materials that prepare your child for reading and writing
- *Activities to spark you child's interest in learning
- *The importance of quality childcare
- *Incorporating literacy into everyday activities

I Am Your Child: The First Years Last Forever hosted by Rob Reiner. (2)

New parents have a wonderful opportunity to help their child reach their full potential. This video includes information on:

- *Bonding and attachment
- *Communication
- *Health and nutrition
- *Discipline
- *Self-esteem
- *Child care
- *Self-awareness

It's Potty Time by The Duke Family Series. (2)

It's easier to learn potty training with friends. Come and join Bobby for his birthday! As Bobby and his friends prepare for the party, one of the major tasks is to "go potty." It's Potty Time is a tape that children enjoy as much as their favorite cartoons. Within 2-6 weeks your child will learn the songs teaching proper methods for using the toilet, hand washing, and even flushing.

Toddler Talk: The First Signs Of Intelligent Life by Joseph Garcia.

Toddler Talk shows parents how to communicate with their infant in a natural and loving way, months before the toddler is able to enunciate its first "mama" or "dada".

Well Baby Check Ups: From Infant to Toddler

This video informs new parents of typical procedures doctors and healthcare professionals follow during normal well-baby check-ups. The program gives advice to parents and expectant parents on the recommended schedule of well-baby visits, the normal evaluations a doctor or healthcare provider will perform on the child at each visit, the usual time when certain tests will be performed on the child, what question will likely be asked by the doctor, and what questions parents should ask.

Touchpoints Vol. 1: Pregnancy, Birth and the First Weeks of Life hosted & created by Dr. T. Berry Brazelton.

PREGNANCY

- *What kind of parent will I be?

DELIVERY

- *What will that be like?

BIRTH

- *Newborn assessment
- *Bonding

FIRST WEEKS

- *Crying and calming
- *Becoming a family

Touchpoints Vol. 2: The First Month Through The First Year hosted & created by Dr. T. Berry Brazelton.

ONE TO FOUR MONTHS

- *Parent/child communication
- *Adjusting to being a parent
- *Establishing feeding schedules
- *Baby's sleep/awake cycles

FIVE TO SIX MONTHS

- *Baby's new independence
- *Parental jealousy
- *Baby's stranger anxiety
- *Sitting/Standing

SEVEN TO EIGHT MONTHS

- *Baby's increasing need to control his or her world

TWELVE TO FIFTEEN MONTHS

- *Walking
- *Tantrums
- *Negativism
- *Teasing

Touchpoints Vol. 3: One year Through Toddlerhood hosted & created by Dr. T. Berry Brazelton.

DISCIPLINE

- *Teaching vs. punishing
- *Setting limits and consistency
- *Spoiling
- *Teasing

SIBLING RIVALRY

- *How to prepare for rivalries before the birth of your child
- *Why parents should stay out of sibling conflicts

REGRESSION

- *Why does it occur? What to do?

TOILET TRAINING

- *Taking cues from your child
- *Why not to pressure your child