

SCHOOL LUNCH MENU
Rock Creek Jr Sr High School
May 2012

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Pancake Sausage Stick Chicken Wrap Rice Pilaf Steamed Carrots Mixed Fruit Shape Up *Baked Potato	2 Eggs Corndog Jo Jo Potatoes Broccoli/cheese Pears * Pizza	3 French Toast Sticks Crispitos Tortilla Chips/salsa Fresh Veggies Cinnamon Puffs Applesauce *Pretzel	4 Biscuits & Gravy Chicken Fried Steak Mashed Potatoes/gravy Green Beans Chilled Peaches Hot Roll * Pizza
7 Pancake Sausage Stick Chicken Nuggets Mashed Potatoes/gravy Fresh Broccoli Hot Roll Pineapple Chunks *Pizza	8 Breakfast Pizza Hot Ham & Cheese Sand Sun Chips Carrot Sticks Fruit Cocktail *Baked Potato	9 Sausage link/toast Cheeseburger Mac Green Beans Tossed Salad/drsg Strawberries & Bananas Hot Roll *Pizza	10 French Toast Sticks Mr. Rib/bun Tri Tator Fresh Kiwi Brownie *Hamburgers	11 Biscuits & Gravy Chicken Pattie/bun Peas Oranges Wedges Oatmeal Cookie *Pizza
14 Pancake Sausage Stick Cheeseburger/bun Sweet Potato Tots Fruit Cocktail Rice Krispy Bar *Pizza	15 Breakfast Pizza Pepperoni Pizza Steamed Corn Tossed Salad/Drsg Pineapple Chunks *Baked Potato	16 Long John Chicken Strips Tator Tots Steamed Carrots Grapes Choc Chip Cookie *Pizza	17 French Toast Sticks Ravioli Green Beans Romaine Salad/drsg Applesauce Hot Roll	18 Biscuits & Gravy Turkey Deli Sandwich Baked Chips Fresh Veggies Bananas Choc Pudding *Pizza
21 Pancake Sausage Stick Cooks Choice	22 Breakfast Pizza Cooks Choice			

May 21 - 22 MENU TO BE ANNOUNCED DAILY

HAVE A GREAT SUMMER!!!!!!

***ala carte**

Every day at Breakfast: choice of juice or fruit and cereal in addition to the menu item. Every day at Lunch: choice of deli sandwich or chef salad in lieu of main dish, fresh fruit available. Extra main dish may be purchased for \$.75. Half pint cartons of milk offered with each meal—choice of skim, 1% or 1/2% chocolate. All menus are subject to change without notice. This is an equal opportunity program. If you believe you have been discriminated against because of race, color, national origin, age, sex or disability, write immediately to the Secretary of Agriculture, Washington, D.C. 20250.

SCHOOL LUNCH MENU
St. George Elementary & Westmoreland Elementary
May 2012

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Pop Tarts Deli Sandwich Cheetos Green Beans Grapes	2 Breakfast Burrito Crispitos Broccoli/cheese Fruit Cocktail Brownie	3 Pancake Sausage Stick Hotdog/bun Chips Carrot Sticks String Cheese Rollups Apple	4 Biscuits & Gravy Chicken Fried Steak Mashed Potatoes/Gravy Corn Peaches Hot Roll
7 Breakfast Pizza Chicken Nuggets Mashed Potatoes/gravy Peas Pears Hot Roll	8 French Toast Sticks Mr. Rib/bun Tri Tater Corn Oranges	9 Yogurt/toast Cheeseburger Mac Green Beans Banana Hot Roll	10 Pancake Sausage Stick Hamburger/bun Sweet Potato Fries Fruit Cocktail Rice Crispy Treat	11 Biscuits & Gravy Beef Taco Spanish Rice Fresh Veggies Peaches
14 Breakfast Pizza Chicken Strips Rice Pilaf Green Beans Applesauce	15 French Toast Sticks Hot Ham & Cheese Sand Jo Jo Potatoes Fresh Broccoli/Cauliflower Chocolate Pudding	16 Long Johns May/June Birthday Meal Pizza Steamed Corn Pineapple Chunks Ice Cream	17 Pancake Sausage Stick BBQ Beef/bun Mac & Cheese Baby Carrots Pears	18 Biscuits & Gravy Chicken Pattie/bun Baked Beans Apple Choc Chip Cookies
21 Breakfast Pizza Cooks Choice	22 Cooks Choice Cooks Choice			

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